

# "BEACH ESSENTIALS" CHECKLIST PLANNER



## MORNING ESSENTIALS

- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Beach Hat

## MID-MORNING FUN ESSENTIALS

- ☐ Beach Towel
- ☐ Water Bottle
- ☐ Beach Games

## LUNCH ESSENTIALS

- ☐ Picnic Basket
- ☐ Snacks
- ☐ Drinks

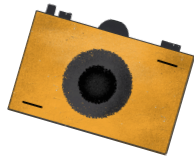
## AFTERNOON ESSENTIALS

- ☐ Swimwear
- ☐ Gear
- ☐ Flip-Flops

## EVENING ESSENTIALS

- ☐ Beach Blanket
- ☐ Light Jacket
- ☐ Bonfire Setup





# BEACH DAY ESSENTIALS

## Checklist



- ☐ Sunscreen
- ☐ Beach towel
- ☐ Swimming gear (flippers, mask, snorkel)
- ☐ Beach bag or backpack
- ☐ Sunglasses
- ☐ Hat or cap
- ☐ Water and snacks
- ☐ Book or magazine for reading
- ☐ Beach toys (ball, shovel and bucket)
- ☐ Music headphones or portable speaker





# Summer Fun Checklist

Go for a beach day

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Have a picnic in the park

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Watch a sunset

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Swim in a lake or river

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Fly a kite

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Go fruit picking

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Ride a bike by the coast

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Take a road trip

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Make a new dairy free dinner

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Go to a free outdoor concert

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Visit a water park

☐

Go camping overnight

☐

Make fresh lemonade

☐

Visit a botanical garden

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Try a new vegan ice cream summer recipe

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Explore a new city or town

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Try beach volleyball

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Read a book outside

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# Beach Checklist for kids!

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# BEACH DAY ESSENTIALS

## *clothing* Checklist *toiletries*

- 1 .....
- 2 .....
- 3 .....
- 4 .....
- 5 .....
- 6 .....
- 7 .....
- 8 .....
- 9 .....
- 10 .....

- 1 .....
- 2 .....
- 3 .....
- 4 .....
- 5 .....
- 6 .....
- 7 .....
- 8 .....
- 9 .....
- 10 .....

## *technique*

- 1 .....
- 2 .....
- 3 .....
- 4 .....
- 5 .....
- 6 .....
- 7 .....
- 8 .....
- 9 .....
- 10 .....

## *documents*

- 1 .....

## *misc.*

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